



2011 Success Rates

Choose Natural or Mild IVF as your first option

Why choose CREATE?

We have helped hundreds of women who had previously failed with conventional stimulated IVF elsewhere to achieve a successful pregnancy with their own eggs when they had been told that their only option was to use donor eggs. We take pride in helping such women. We do not select women with good prognosis (eg. FSH<10 or normal AMH) to keep our success rates high. We give every follicle and egg a chance and do not cancel a cycle if you have less than three follicles. IVF success is about 'quality and not quantity' of eggs and embryos. Natural and Mild IVF are based on natural selection and physiological approach to creating embryos and babies.

We have helped several women with AMH less than 1 achieve a successful outcome (babies) with natural cycle IVF.

Consider the side-effects and risk of Conventional Stimulated IVF

It's also important to consider the side-effects and risks associated with high stimulation - as well as the short and long-term 'health and safety' of women undergoing IVF treatment.

At Create Health, the health and wellbeing of mother and child are most important to us, and our treatment options such as mild IVF reduce the risk of OHSS (Ovarian Hyperstimulation Syndrome) and other complications. We are proud to say that we have had no patient admitted to hospital with primary OHSS for many years.

Create Health's current IVF success rates

Excellent results for so many of our patients in 2011

- 59% (or just under 60%) of 35-37 year old achieved a pregnancy with Mild IVF in 2011
- 53% women under 39 year old achieved a pregnancy with Mild IVF in 2011
- 30% of 40-42 year old achieved a clinical pregnancy WITH NO DRUGS (Natural cycle IVF) in 2011
- 32% of 35-42 year old achieved a clinical pregnancy with NATURAL CYCLE IVF in 2011
- 16% of patients with AMH less than 1 achieved a clinical pregnancy with their own eggs

Clinical Pregnancy rates (fetal heart beat) per Embryo Transfer: 01/01/2011 - 30/11/2011

Total number of cycles - 684

Natural Cycles		Modified Natural Cycles		Mild Stimulation Cycles	
<37	17.95%	<37	50%	<35	46.05%
38-39	14.3%	38-39	27.27%	35-37	53.33%
40-42	20%	40-42	21.43%	38-39	31.43%
		43-44	7.89%	40-42	28.85%
				43-44	7.14%

Your specific IVF success rate

You will be able to discuss your specific success rate with a consultant during your initial consultation. Your success rate will be based on your specific reproductive history, age, egg reserve, previous treatment history and any sperm problems.

We will be honest with you regarding your success rate and offer advice and recommendations for IVF treatment options that will allow you to make an informed decision. Your success, health and safety are our priorities.

Please visit www.createhealth.org/request-information to arrange an initial consultation or to visit one of our free open days

Please note the following percentage of patients we treated had *low ovarian reserve* and had several *previous failed IVF cycles with conventional (high) stimulation cycles in other units*

<35 years	39.3%
35-37 years	47.8%
38-39 years	70.3%
>40 years	92.1%

Natural/Modified Natural cycle IVF/ICSI

- A naturally selected egg is collected to create an embryo
- Natural cycle IVF is usually a drug free cycle
- In modified natural cycle IVF, a small amount of medication is used for 2-4 days in a natural cycle
- More than one egg can be collected in natural cycles
- Young women had high success rate without the need for ovarian stimulation or suppression
- Women with low ovarian reserve and previously failed implantation had higher success rate with natural cycles compared to high stimulation cycles
- If no follicle developed or spontaneous ovulation occurred, there is a reduced fee (for abandoned cycle)
- The cost, patient discomfort and complications are significantly reduced in natural cycles
- The patient satisfaction rate is very high

Mild stimulation cycles

- There was no Ovarian Hyperstimulation Syndrome (OHSS) or other complications related to drugs
- Most of our patients received mild stimulation for IVF/ICSI cycles
- Women above 40 years of age also received mild stimulation
- Most patients had no down-regulation (suppression) of ovaries and menopausal side effects
- Mild stimulation was fitted into their natural cycles with no manipulation with contraceptive pills
- Low dose hCG was used to prevent OHSS in women at risk of developing this complication
- Blastocyst transfers were carried out where appropriate
- Women who had only one follicle in stimulated cycles were allowed to proceed with egg collection and embryo transfer
- The majority of our patients had previously failed IVF elsewhere due to poor response or failed implantation.
- The daily dosage, total amount and duration of stimulation used in stimulated cycles was significantly less than in conventional IVF cycles
- The total cost of cycles including drugs was significantly less than in conventional IVF cycles